



# Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

# Welcome

*Thank you for helping these great  
kids and sharing the world with  
them!*



Rotary Youth Exchange Host Family, Youth Exchange  
Officer and Volunteer Training

Congratulations  
and  
Thank You!!



# Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

## Orientation Agenda

- What is Rotary and its purpose?
- Who are Rotary exchange students?
- Who is involved – the support system?
- Arrival and settling in
- Student transition throughout the year
- Logistics
- Health and safety
- Student Protection Policy



## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

### What is **Rotary International**?

Rotary is the world's oldest and most international service organization

- Rotary celebrated its 100<sup>th</sup> anniversary in 2005
- There are **1.2 million members** of Rotary, in almost **220 countries** in the world
- Each Rotarian is a member of one of the **34,000** local community-based Rotary **clubs**, and each club is assigned to one of the 532 regional districts



## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

### Rotary Service

- Rotary Motto: “**Service Above Self**”
- The Rotary Foundation
  - **Polio** – Rotarians have raised over **\$1 billion** to immunize the children of the world and are 99% to goal of the eradication of the polio virus worldwide
  - Millions of dollars each year are allocated by the Foundation to community grants for Rotary’s areas of emphasis
    - ✓ Peace and Conflict Resolution
    - ✓ Disease Prevention and Treatment
    - ✓ Water and Sanitation
    - ✓ Maternal and Child Health Care
    - ✓ Basic Education and Literacy
    - ✓ Economic and Community Development



## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

### The Rotary Club

- Each Rotary Club is made up of 15 to 150 **community** business owners, managers, professionals, community volunteers and retired individuals
- Clubs choose and plan their own **local, educational and internal service projects (like youth exchange)** to support financially and as volunteers
- Clubs meet weekly to listen to a speaker, plan activities and projects and for the fellowship of friends



## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

### Rotary Districts

- District leaders motivate and provide leadership to clubs and committees over a large geographical region
- Districts organize and provide grants for regional and international service projects, future leader training sessions and organize youth events and projects
  - **RYLA** – Rotary Youth Leadership Awards training weekend for high school students
  - **Youth Exchange** for summer and school year students
  - **Interact** – “**Inter**national **Action**” – high school clubs promoting leadership and community service locally and internationally



## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

### Rotary Exchanges Worldwide

- Reciprocal **my student for your foreign student**
  - Other programs trade the parents \$\$\$ for a placement overseas
- 8,500 exchanges per year worldwide
- Program operated almost completely by **volunteer** Rotarians as part of our commitment to international and youth service
- In **compliance** with certification requirements of Rotary and U.S. Department of State





# Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

## WESSEX\* Multi-District Youth Exchange Organization

\*Western States Student Exchange, Inc.

- WESSEX has the following Districts participating:
  - 5470 the southern half of Colorado (I-70 southward)
  - 5010, 5020, 5030, 5050
  - 5060, 5100, 5110, 5130
  - 5150, 5160, 5170, 5180
  - 5220, 5230 & 5400.



## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

# Multi-District Youth Exchange Organization

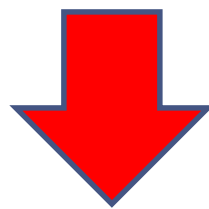
- Exchanges may take place between individual Districts
- **Rotary Districts** may join together across regional areas to create a Multi-District such as WESSEX which is helpful to:
  - ✓ Share expertise
  - ✓ Provide training and activities
  - ✓ Coordinate governmental compliance
  - ✓ Liaison to countries worldwide



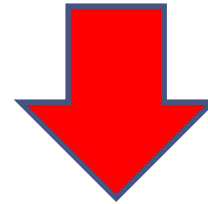
# Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

## Rotary Youth Exchange Program Overview

### ROTARY INTERNATIONAL



Local Rotary  
District



Overseas  
Rotary District

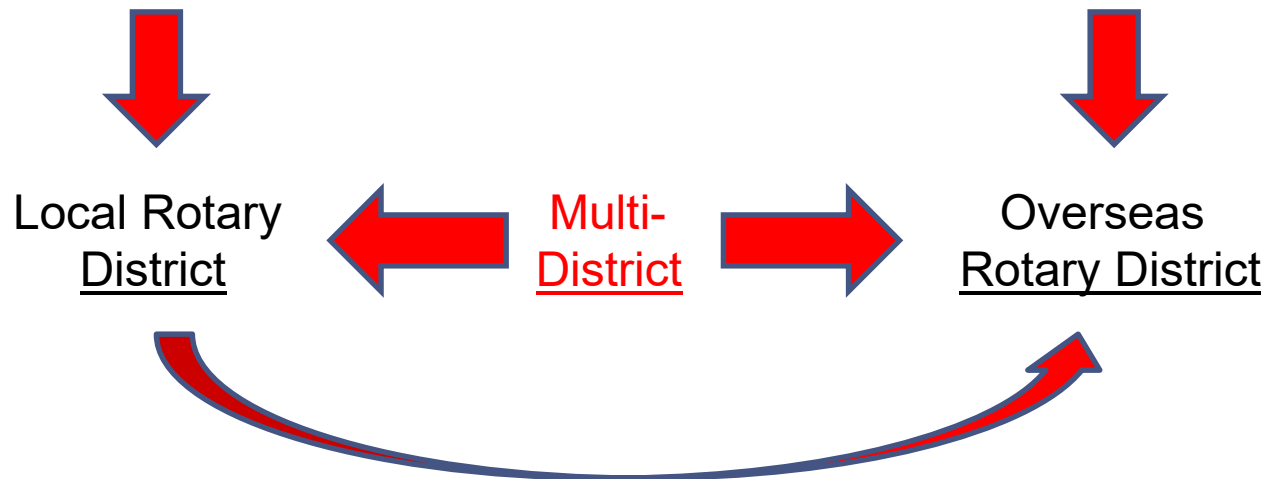
Rotary International creates the support and organization for all Rotary Districts worldwide



# Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

## Rotary Youth Exchange Program Overview

### ROTARY INTERNATIONAL



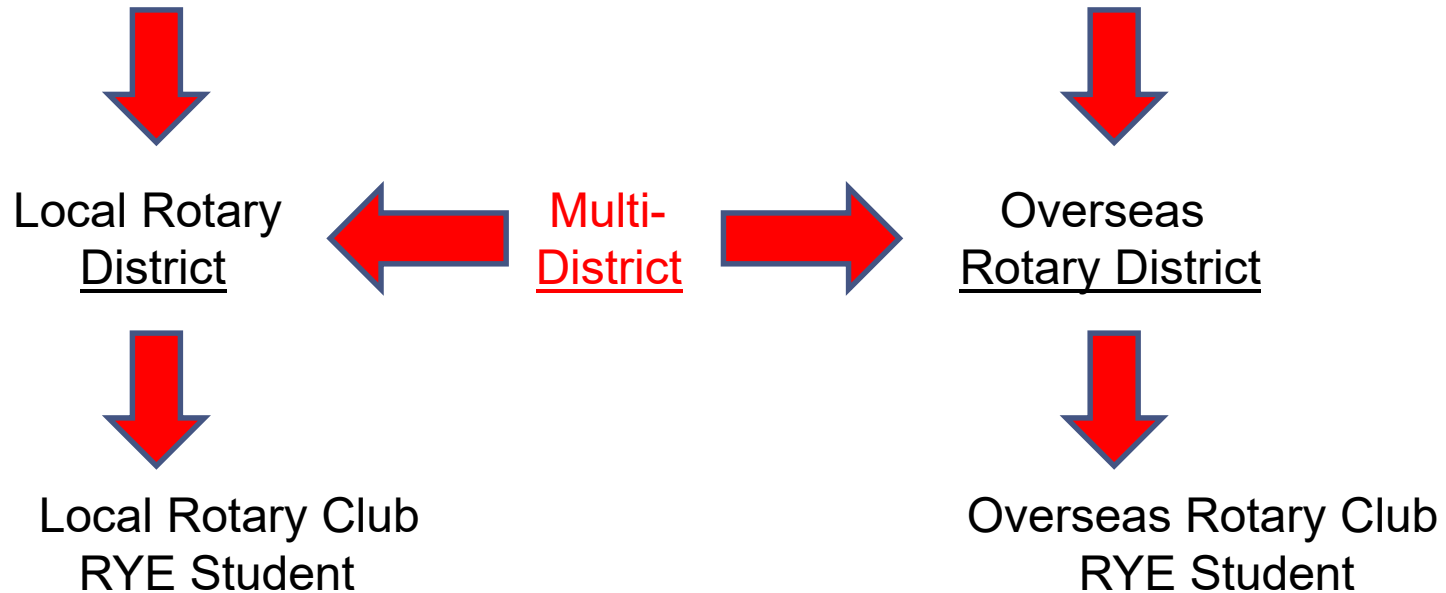
Exchanges can be coordinated:  
District to District or  
through an intermediary Multi-District



# Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

## Rotary Youth Exchange Program Overview

### ROTARY INTERNATIONAL



Clubs sponsor and Districts choose their own students to participate in RYE



## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

# PROGRESS CHECK / Test

### Rotary is:

- A. An international for-profit company
- B. An educational travel agency for students
- C. An international non-profit volunteer service organization
- D. An exclusive club for wealthy business executives



## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

# PROGRESS CHECK / Test

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## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

# PROGRESS CHECK / Test

### Rotary is organized by:

- A. Local community clubs – regional districts – Rotary International
- B. Local community clubs – states – country – Rotary International
- C. Autonomous local control with no regional organization
- D. United Nations directives





## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

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## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

# PROGRESS CHECK / Test

### Rotary's purpose for youth exchange:

- A. To raise funds for polio eradication
- B. Global peace and understanding
- C. To offer teens a year of fun and travel away from their parents
- D. To give Rotary clubs free help on their local service projects



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## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

### Who are Exchange Students

- Outstanding young people, good grades
- Age 15-18 1/2 upon arrival for U.S. Inbound students
- Enrolled to grade 10 - 12
- May not get U.S. diploma (can not have graduated at home)
- Carefully selected and well prepared
- **Most** speak English well
- Anxious and excited to:
  - ✓ Learn our language and culture
  - ✓ Represent their countries
  - ✓ Become part of the Club and family



## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

### Expectations of Inbound Students

- Represent their country as an ambassador
- Adapt **to** their host families
- Learn our language and learn our culture
- Perform well / adequate progress in school – but **MAY NOT** graduate
- Communicate
- Participate in Rotary Club, school, community and exchange student activities
- Return home within 2 weeks of the end of school or 1 week after and end-of-year tour



# Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

## Types of Programs

### Long Term Outbound Students

- School year (July/August to June/July)
- Application in fall to Rotary Club or District
- Student selects or ranks country choices
- Districts interview and selects candidates
- Parents pay: application fee, travel and orientation or an inclusive flat fee
- January and June orientations / training
- Departure in summer
- Students required to have \$500 +/- emergency fund, spending \$; host clubs give monthly stipend to students



# Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

## Types of Programs

### Short Term Outbound Students

- Not all Districts participate
- Application in spring for summer
- Student matched to “twin”: same age, sex, and interests
- Parents make flight arrangements
- Each spends 2-4 weeks immersion into the life of their “twin”, together
- Cultural – little language



## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

### Responsibilities of Host Rotary Club

#### In the Beginning

- Provide **Counselor**: Monthly report and buddy
- Provide **Youth Exchange Officer**: Paperwork, coordinate / qualify host families

#### Throughout the Year

- Be an advocate for student
- Support host families & schools
- Invite student and host family to Rotary events
- Provide monthly allowance for student
- Monthly contact can be in person or via phone; BUT DOES require minimum of one in person contact per semester with student and host family





# Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

## Rotary Club to RYE Student

### Club Meetings

- Every couple of months
- Welcome meeting in August/September
- Program speaker in late fall or once they are familiar with the language
- Goodbye speech in May/June

### Club Events

- Invite student and host family to participate
- Fundraisers, community projects, parties

### Club Members

- All members become the “aunts and uncles”
- Invite student to sporting games, community festivals, fairs, boating, fishing, and family celebrations



## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

### Expectations of Club Counselor (Buddy)

- Document monthly contact via WESSEX database YEAH
- Deliver monthly allowance (August through May) amount set by club
- Assist host parents to register student at school, if needed – check-up, shots, forms
- Get Rotary Club membership involved
- Assist student and family with resolving problems before problems get big – school, health, mediator



## Rotary Youth Exchange Host Family Training

### Expectations of Youth Exchange Officer (YEO) and Youth Exchange Counselor (YEC)

- Interview host families and volunteers
- Initial Host family interview for each host family must be done at home with all resident members over 18 present
- A SECOND in home visit must be done within 60 days of student move-in by someone other than the person who did the first interview (YEO or YEC)
- Report changes of student address
- Approve student travel
- Assist in / find transportation to District events
- Serve as or identify an **Emergency family** who will take the student for a weekend or short term if needed – i.e., host family must go out of town on business, emergency, etc.



# Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

## Expectations of Students

### Program Rules – The 4 Ds

- No **Driving**
- No **Drinking Alcohol**
- No **Drugs**
- No **Dating / Romance / Sex**

**Student can / will be immediately sent home; no discussion**



# Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

## Expectations of Students

## Other Program Rules

- **No Disfigurement**
  - Tattoos, piercings
- **No Smoking**
  - Unless on program application and with host family approval
- **No Jobs**
  - Can be paid in cash for 'helping' host parents or other Rotarians (yard work, babysitting, etc.)



## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

### Expectations of Students

### No Dumb Stuff!

- No independent travel outside District unless approved by YEO and District Chair
- Foreign family visits only between March and May with approval of the host family, host club and District
- Limit phone calls, e-mails, texting, Skype



## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

# PROGRESS CHECK / Test

Which student does NOT qualify to be a Rotary Youth Exchange student?

- A. A student with high grades
- B. A student who has visited the USA before
- C. Student age 15-18 ½ upon arrival
- D. Student whose parents insist that he/she get a US high school diplomas so he/she can attend a US university



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## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

# PROGRESS CHECK / Test

The host Rotary Club should provide all of the following except:

- A. A monthly allowance
- B. A Club Counselor
- C. A Club Youth Exchange Officer
- D. Transportation to Club Rotary meetings each week
- E. Invitations to Club special events
- F. Monthly contact to student and host parents



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## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

# PROGRESS CHECK / Test

The following behavior could result in the student being sent home:

- A. Starting smoking
- B. Coming home drunk
- C. Driving the family boat
- D. Getting a tattoo
- E. Falling in love
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## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

### Expectations of Host Families

- Provide a home away from home – more than just room and board for a stranger
- Treat student like your own child
  - Love, support, encouragement, understanding, discipline
  - Be willing to say “No” when appropriate
- Help with challenges
  - Language, school
  - Culture shock, homesickness
- Provide an ear to listen, a shoulder to cry on, a hand to depend on



## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

### Arrival and Settling In

- Club and family together welcomes your student at airport: Posters, balloons
  - **More the Merrier!** No party that night
- Host Family First Night Questions – interactive online version at [www.yeoresources.org](http://www.yeoresources.org); do within the first 2 days
- Introduce them to family & friends
  - Have a welcome party a couple days later if possible, invite other teens
  - Plan shopping trip for school supplies with other teens



## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

### Being the 1<sup>st</sup> Host Family

- Encourage involvement with family
  - Do not let them retreat to their room
  - Take walks or bike rides around neighborhood to comfort and not get lost
  - Walk bus route for school bus
  - Have movie night, discuss newspaper articles, ask their opinion
- First host family
  - Excitement – everything is new
  - Culture shock - major adaptations
  - Language struggles: Speak slowly, OK to correct – they want to learn!
  - School arrangements: classes too easy or hard, confusion – changing classes?
  - Often the closest bonds
  - Set the standards for the year



## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

### Sample Family Rules

Parents **discuss before** student's arrival – **what are we going to expect?** Examples:

- Be on time / we must know where you are
- Curfew
- Getting rides from kids, other transportation?
- Do school homework before / after meal
- No telephone after certain hour
- Help with / assigned chores (cleaning dishes, mowing lawn, etc.)
- Cell phone always on after school hours?
- Who they can be in a car with?
- Dating? (groups, distances, places off-limit)
- Expected consequences for breaking rules





## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

### Use of Electronics

- Explain how all electronics work, write steps out on a note card and place by electronic item, telephone, etc.
- Set rules for telephone use, assist finding necessary country codes
- Do not let student spend too much time on computer – set time limits
- Download free [www.skype.com](http://www.skype.com) video software for on-line free video calls
- Even if they have their own electronics, it is OK for you to still make usage rules – only in dining room, not after 9, etc.



## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

### Family – Sibling Relationships

- **The Good**
  - Other teens can set the example
  - Siblings can introduce them to friends & activities
  - Younger kids – student can be a protector and a listener, great to help with language!
- **The Not-So-Good**
  - Jealousy – the new kid gets attention – and may cause withdrawal or to ignore the exchange student



## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

### Problem Solving

- Some problems **will** occur
- Student must ask for help, in this order
  - Host family
  - Club: Counselor / YEO / President
  - U.S. Country Contact
  - District Youth Exchange Chair
  - WESSEX **BEFORE** contacting his/her Rotary club in their home country
  - Contact list to be provided to host family, YEO, volunteers and student

Do not let small problems become big problems



## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

### Being the 2<sup>nd</sup> / Last Host Family

- 2<sup>nd</sup> (or 3<sup>rd</sup>, 4<sup>th</sup>) Host Family
  - **Transition** issues: new family rules
  - Language and culture beginning to “click”
  - Holidays different, homesick, vacation
  - Spring tours?
- Last Host Family
  - Comfortable with language and culture
  - Big events: prom, graduation, departure
  - Preparing for separation, depression?



## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

### The End of the Year

- **Optional tours** paid for by student – must be District Chair approved, non-Rotary trips (other than school) not permitted
- **Departure** for home – June or early July (if tour). Leaving for home will be hard for the student and the host families
- Emergency fund for host parent reimbursements if needed
- “The more successful the exchange, the harder the leaving & re-entry”
- It is OK for host families to maintain contact – you **WILL** probably see them again
- Now it’s your turn to visit them; or attend their wedding a few years down the road!



## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

### PROGRESS CHECK /Test

Which of these suggestions for host families is a BAD idea:

- A. Meeting the student at the airport with lots of people, balloons, and posters
- B. Having different sets of rules for your own teen and the RYE student
- C. Encouraging the RYE student to watch cartoons with your younger child
- D. Having some high school students take the student to buy school supplies



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## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

# PROGRESS CHECK / Test

When a student has a problem, who should they ask to help first:

- A. Call their mom overseas
- B. Call their Rotary counselor
- C. Ask a host parent
- D. Call their Rotary District Governor
- E. Ask a school guidance counselor





## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

# PROGRESS CHECK / Test

When a student has any problem, who should they ask to help first:

- A. Call their mom overseas
- B. Call their Rotary counselor
- C. Ask a host parent**
- D. Call their Rotary District Governor
- E. Ask a school guidance counselor



## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

### PROGRESS CHECK / Test

As a 2<sup>nd</sup> host family you may deal with which of the following?

- A. Excitement – everything is new at your home
- B. Culture shock – major adaptation
- C. Depression during the holidays
- D. How to find their way around neighborhood
- E. Language struggles
- F. All of the above



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## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

### Medical Insurance & Care

- All Inbound Exchange Students must be insured
- Insurance card – host parent should make copy of card, student always carries card with them
- Be familiar with claim procedure. Most students have insurance through ACE Insurance Company which has an on line claim form:  
<http://mountainandplainsrye.com/resources-forms>
- Emergency medical release in application
- Deductible
  - Pay from the natural parents' / student's credit/debit card
  - Host parent pay then reimbursement from the **\$500 emergency fund controlled by MPRYE District Co-chair**



## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

### Medical Insurance & Care

- Use Rotarian club member doctors if possible (especially for non-ER problems)
- In the event of illness / accident
  - Stabilize first
  - Host Mom / family should have a copy of the insurance card and the emergency medical release with them at all times (like they carry own) for hospital / medical needs
  - Call Rotary contact in Club (Counselor, YEO)
  - Call District / Multi-district Chair if necessary
- Have Rotary notify the student's family
  - Let MPRYE District Co-chair do the contacting once details are known, interpreters should be available



## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

### Student Finances

- **Emergency Fund** – student brings at arrival
  - \$500 for insurance co-pays, new glasses, dentist appointment, etc.
  - Not for prom, clothing
  - **Held by Club; controlled by MPRYE District Chair**
- Rotary Club = monthly stipend provided for incidentals
- Student
  - **Should have credit/debit card** from home
  - **Cell phone** (inexpensive) provided to student, for contact at all times – always charged and with student. Make sure they understand cost of calls, texts, data, etc.



# Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

## Host Family Finances

- Day to day routine expenses – as your own child
  - More than just “room and board”
  - “I’m going to Wal-Mart, do you need anything?”
  - Basics – toothpaste, soap, food for sack lunches, their favorite treat or ice cream...*may be too shy to ask*
- Family activities – as your own child
- Family vacations
  - Discuss expenses, establish any cost to student
  - Its OK to transfer student to a temporary host family if high cost, flights, etc. are prohibitive
- Extra expenses - student must pay for:
  - Clothing, school uniforms, presents for friends, extracurricular activities and trips, postage, going out with friends, long distance phone calls, cell phone usage charges.



## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

### Student Travel Policy

- Students are **not allowed** to travel alone or make their own transportation plans with teens/friends
  - “My friends are driving across the State on Saturday, can I go?” - **NO**
  - “My friend from Austria is visiting Denver, can I go spend the weekend with her?” - **NO**
- Host family OKs same day travel within District
  - Students wants to go to football game with friends driving inside District – **host family approval** (or not!)

Visit [www.mountainandplainsrye.com](http://www.mountainandplainsrye.com),  
Forms Section, for information about student travel





## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

### Club Approval for In-State Travel

- **Same day travel in State**, outside of the District
  - Let Club YEO know beforehand
  - “My school lacrosse team is playing a match far away, can I go on the bus?” – **YES**, with host family OK and let YEO know where you are going
- **Overnight travel in District**
  - Complete travel form online for Club YEO and District Chair 3 days before leaving
  - “My host family wants to take me to spend the weekend at \_\_\_\_\_ within the District.” - **YES**, with host family OK and email to the YEO & completed online form to MPRYE District Co-chair

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## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

### MPRYE District Approval Student Travel

- **Any non-host family overnight trip**
  - MAY require a background check on all adults requiring lead time and completed travel form to Club YEO and District Co-chair
  - A Rotarian wants the student to go on a weekend with his family. May require a background check which is a District Co-chair decision and will need travel form completed online to club YEO
- Host family going on **out of state trip**
  - Requires approval from natural parent if Travel Authorization Form not on file
  - Complete travel form online for Club YEO and approved by District Co-chair two weeks before leaving
- **Unauthorized travel** will result in student being returned home (this has happened) even if natural parents are visiting

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# Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

## High School

- Educational program – **student, not tourist, visa**
  - Class **participation** essential, must pass classes
  - Grades / classes may not count at home, so some students will be more apt to try harder than others
- **Club counselor to set / assist with schedule**
  - School may require ESOL (English for Speakers of Other Language) – we discourage this!
  - School may request tutoring for student to keep up classes, no Rotary funds for this, student pays
  - School may allow “all-elective”, career-oriented, or may require stricter class selection schedule, depending on the student and their goals



## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

### High School

- NO Driver Education allowed
- **Encourage participation** in more than just classes
  - Sports (not in varsity if student has graduated and over 18)
  - Clubs, interests, arts
  - Interact, where available, is **required**
- Help with homework – college students, volunteer hours
- **Reciprocal tutoring** – I teach you / you teach me your language
- Bike for transportation?
- School bus may be new / scary experience



## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

### Making Friends

- A major challenge for some YE students
- Help in **finding clubs** they want to join
- Discuss transportation: after school, meets
  - Sports – can play, manage, work out with team (may require additional paperwork, insurance)
  - Theater, debate – great for practicing language
  - Choir, yearbook, newspaper, teen court
  - Debate, world affairs, environment, service
- Community classes – dance, cooking, guitar, surfing...
- **Active participation is the best cure for homesickness**



## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

# PROGRESS CHECK / Test

Your student wants to travel to the local mall with other kids after school. Who authorizes permission:

- A. The Rotary Club President
- B. Host parent
- C. The student does not need permission if he/she is over 18
- D. Need authorization from from natural parents



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Your student wants to travel with the host family on vacation to another state. Who authorizes permission:

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## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

# PROGRESS CHECK / Test

If your student has a medical emergency, which should you NOT immediately do:

- A. Stabilize the student and seek medical care
- B. Take your copy of the medical insurance policy for the student with you
- C. Call the family overseas to let them know before going to the hospital
- D. Call the Rotary Club YEO or Counselor on the way or ASAP



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# PROGRESS CHECK / Test

Which of the following two are false?

- A. RYE students can accept rides home from other students after sports team practice
- B. RYE students must join Interact Club if offered in their school
- C. RYE students may never play high school sports
- D. RYE students must pay for English lessons if the school demands this
- E. Riding a bike or school bus is not allowed



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# Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

## Support System

- All names and phone numbers to be provided to all members of the team for each student
- **Club level**
  - Youth Exchange Counselor (YEC)
  - Youth Exchange Officer (YEO)
  - President
- **Local level**
  - Law Enforcement, emergency and social services
- **District level**
  - U.S. Country Contact
  - Youth Exchange Inbound Chair
  - District Youth Protection Officer
  - District Chair for Student Programs
  - District Board of Directors
  - District Governor, District Governor-Elect
- **Multi-District level (if applicable)**



## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

# Student Protection Policy

### Our Role:

- Maintain safest possible environment for all participants
- Safeguard welfare and prevent physical, sexual, emotional or financial abuse of exchange students
- Provide means to address all concerns and indications of harassment or abuse
- Rotary has a zero-tolerance policy toward abuse and harassment



## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

### Sexual Harassment

Any purposeful verbal or physical contact of a sexual nature, to another person, including but not limited to:

- Sexual jokes, insulting comments
- Written or spoken references to sexual conduct
- Display of objects, pictures or drawings
- Obscene language and gestures
- Inappropriate physical contact, including touching, back rubs, and behavior that could be deemed inappropriate by the general public or by the youth





## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

### Types of Abuse

- **Sexual Abuse** — Engaging, forcing, or encouraging implicit or explicit sexual acts, including exposure or showing pornographic materials, to a young person
- **Physical Abuse** — Mistreatment by physical contact, intended to cause pain, injury or suffering
- **Neglect** — Failure to provide adequate food, clothing, shelter, or medical care
- **Emotional or Verbal Abuse** — Using fear, humiliation or verbal assaults to control the behavior of another
- **Financial Abuse** — Forcing the student to pay for activities of the family, asking for their allowance as room or board, or theft



## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

### Student Protection Code -- DO:

- Treat students with respect – be aware of your tone of voice & manner and their reactions
- It is OK to touch and hug students in a way that is not intrusive / disturbing to them or observers. Ask if OK the first time. Some cultures frown on this
- Control who they hang around with
- Communicate with **Club Counselor** if there are any allegations or suspicions or if you have questions



## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

### Student Protection Code DO NOT:

- Engage in rough physical games including horseplay and tackle football with adults
- Use physical force in any way, especially as a form of punishment
- Touch a student in any way that could be interpreted as intrusive or sexual
- Make sexually suggestive comments, even as joke or compliment
- Spend excessive time alone with a student, which may lead to misunderstanding



## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

# Student Protection Guidelines

What to do if a student tells you of Harassment and/or Abuse

- Listen attentively and let him/her know it was right to tell you
- Assure him/her that they are not to blame
- Remain calm and make sure student feels safe
- Encourage student to share with you what happened and who was involved
- Make detailed notes including date and time
- **Don't promise to keep secrets** – explain the necessity of informing the District Protection Officer



## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

### Student Protection Guidelines

What to do if a student tells you of Harassment and/or Abuse

- If the alleged Harassment and/or Abuse is by a host parent the student must be removed from the home immediately
- Report of Harassment and/or abuse must be reported to Rotary International and Department of State within 72 hours – initial contact is to District Chair who reports to RYE Compliance Officer to make required reports
- If the allegation is of a possible criminal nature, local law enforcement must be notified
- **ALL REPORTS AND CONTACTS ARE MADE THROUGH ESTABLISHED ROTARY REPORTING CHANNELS – NO INFORMATION SHALL BE GIVEN EXCEPT THROUGH THE ESTABLISHED PROTOCOL**



## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

# Student Protection Guidelines

### Keep Communications Open

- Assure student that you can jointly address his/her concerns/problem

*With all of us working together, we can keep our exchange students safe and make this a meaningful and happy exchange experience for all of us.*



## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

### District Crisis Management Team\*

- Crisis – Could this be on the nightly news? Result in student sent home?
  - Student arrested, abused, death, hurricanes, major car accident, runs away, serious illness...
- District Crisis Chair
  - Immediate call or text “Rotary 911”
- Media Chair – only one to speak to media for Rotary, District – no interviews
- DO NOT contact natural parents! Contact made by District Chair through an interpreter only

\*District Co-Chairs & the Youth Protection Officer



## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

# PROGRESS CHECK / Test

Which of the following is true?

- A. If a host parent finds out about sexual abuse or harassment, they are not required to tell anyone
- B. If a Rotary club counselor finds out about sexual abuse or harassment, they are not required to tell anyone
- C. If the District Crisis Chair finds out about sexual abuse or harassment, they are not required to tell anyone
- D. No one can promise to keep secrets if they find out about sexual abuse or harassment





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## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

# PROGRESS CHECK / Test

As a host parent, to keep your student safe, you should never do this?

- A. Let them hang around with a new friend who you are worried about
- B. Use physical punishment for serious breaking of the rules
- C. Allow any family members to ever hug or touch the student
- D. Allow the host son to play on the football team



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## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

# PROGRESS CHECK / Test

Which of the following is abuse?

- A. Student not eating lunch because they are embarrassed to take a sack lunch
- B. Student suffering severe sun burn because they forgot sun screen and host mother didn't remind them
- C. Host family telling student the Rotary club allowance is be used only for groceries
- D. Host mother insisting that student do their own laundry and taking out trash on Tuesdays



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## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

# PROGRESS CHECK / Test

Which of the following could be considered sexual harassment?

- A. A host son is told that he looks handsome in his prom tuxedo
- B. A host parent tells a dirty joke to a friend at a party and the student overhears from the next room
- C. The host student finds a hidden girlie “magazine” in the bookshelf
- D. A host daughter is told she looks sexy in her prom dress



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## Rotary Youth Exchange Host Family, Youth Exchange Officer and Volunteer Training

# Why Rotary Youth Exchange?

To promote Rotary's goal of world peace and understanding one person, one exchange at a time.

*“When these ‘best and brightest’ of today are 30 years from now, making corporate decisions and setting world policy, our hope is that they will remember the friendships they made world wide, the love showered on them by total strangers, and realize that all people are concerned about war and poverty and health – and choose to shoulder the responsibility of our planet and its people.”*





# Any Questions?

